Hello and Happy Fall:

I hope that each of you had a fantastic summer and are looking forward to returning to UD. After a particularly long summer, I am ready for the mild, cool weather. Fall foliage and the leaves changing colors are absolutely beautiful. Don’t let me forget about the taste of warm cider, and roasted donuts.

Summer has been busy for staff. You will witness several changes and updates in the program as we continue to refine our support services for YOU. Similarly, we have a strong group of freshman participants entering the program. I am eager to see them develop and expand their leadership skills within the program. Returning program participants do extend a warm welcome please.

To further assist with program recognition, I do have two small requests.

- Continue to refer your friends and friends of friends to SSSP. Program referrals are rewarded with a $20.00 gift certificate to the University of Delaware Bookstore.

- Proudly announce that you are involved and are a program participant with SSSP. Can you add the following statement under your email signature?

  -> Your name, S.S.S.P. member (Curious George, S.S.S.P. member)

I would like to acknowledge one particular student employee, Harmon Amakobe. He has worked diligently and patiently with SSSP staff this summer to design a user-friendly website. I would be remiss to not recognize him for working all summer and all the long hours he put in. When you see Harmon, do give him a shout out, and if you have not done so already, please check out the website. http://sssp.ae.udel.edu/.

I sincerely hope that this newsletter finds you well! Please continue to share your news and updates with us. We deeply appreciate your continued hard work, support, and loyalty to SSSP.

Cheryl Davis-Robinson,
Project Director, Student Support Services Program
We would like to remind you that the Office of Academic Enrichment provides a number of resources that can provide help to those who are struggling, as well as to those who are successful and looking for ways to sharpen their skills.

**TUTORING**

**Individual Tutoring.** Students can visit our office to check the **TutorFind** directory of available tutors for one-on-one work. Undergraduate tutors are available for $11.75/hr.; graduate tutors are $14.75/hr.

**Drop-In Tutoring.** Two hours a day, five days a week, drop-in tutoring is available in math, chemistry and physics.

**Group Tutoring.** Free group tutoring in a number of courses is offered each semester. Groups are formed in response to student requests.

**Nfoshare Online Tutoring.** This new feature (using Facebook) is available for selected classes, in collaboration with instructors.

**STUDY SKILLS ASSISTANCE**

**Workshops at the OAE.** Check out the **workshop schedule** for dates, times and location.

**Online workshops:** Your Roadmap to Success. These workshops are designed to help you identify skill areas you need to improve in, to practice new techniques, and to evaluate your progress.

**Study Skills course (UNIV113).** This one-credit pass/fail course includes comprehensive coverage of strategies for successful studying, which are then put to use in a concurrent “target class” of the student’s choice. While the course is aimed at freshmen and sophomores, exceptions can be made for other students when needed.

**Academic Intake appointments.** Any student can meet with one of our staff members to assess his/her current study strategies and develop a plan for strengthening those strategies. In particular, students in academic difficulty can benefit from this one-on-one academic counseling.

The **OAE Newsletter** provides a quick overview of our offerings for you to share with your students. For more details on OAE programs, visit our website

The Office of Academic Enrichment is located at 148-150 South College Avenue
OAE hours are from 8:00 - 5:00 PM
Phone: (302) 831-4555 • E-mail: UD-aec@udel.edu

Nobody who ever gave his best regretted it

George Halas
Congratulations to the following students who made the Dean’s List for the Spring 2013 Semester. Keep up the good work!

Ashley Aiken
Janet Akinola
Daniel Amato
Simone Austin
Omneya Ayoub
Fatoumata Bah
Daisamone Bailey
Blair Barnes
Amber Beaman
Katrina Bleeker
Shanetta Charles
Nafissatou Dicko
Omar Duran
Martha Rose Echols
Totiyana Evans
Cassandra Ference
Debora Fredericq
William Gledhill
D’Janna Hamilton
Ashley Johnson
Candice Johnson
Keywan Johnson
Melany Justice
Maria Kim
Quindara Lazenbury
Breann Luff
Jordan Mackie
Gunjan Majmudar
Arpita Mandal

Maria Marquez
Molly McCormick
Jennie Messer
Shiann Miller
Kaitlin Mitchell
Tara Mitchell
Angelica Montes
Arianna Morton
Nicole Mozee
Anh Nguyen
Edna Ofori
Kinjal Patel
Leslie Quispe
Ayana Randolph
Julius Rich
Emily Ridall
Tuler Sharp
Paula Thomas
Sarah Travers
Ellie Tunison
Andre Valines
Emily Vandusen
Eddiee Velasquez
Carlos Velez
Audrey Walker
Brooklyn Wright
Jordan Wynn
RongPing Zhang

Dean’s List = a cumulative GPA of 3.33 or higher
ANXIETY MANAGEMENT CLASS: This class provides a supportive environment where students can obtain information about practical strategies and techniques for managing their panic and anxiety. The specific tools acquired will include relaxation exercises, cognitive strategies to challenge anxiety-provoking thoughts, and support for lifestyle changes. The group emphasizes problem-solving and out-of-session practice is essential.
Leader: Deb Cohen, Ph.D.
Time: Wednesdays, 3:30 - 5:00 pm

BODY IMAGE CONCERNS GROUP: Participants are students whose feelings about their appearance seriously affect their self-esteem. The group consists of five to eight women. Members can use the group to increase their insight about their relationships with food and to delve into some of the issues behind their beliefs about appearance or thinness. Themes that may be addressed include the influence of culture and media, dealing with others around food issues, learning to trust and be more intimate in relationships, feeling and expressing emotion, and managing stress.
Leader: Carolyn Heitzmann, Ph.D.
Time: Tuesdays, 1:30 – 3 pm

EMOTIONAL WELLBEING: In a supportive group environment, members will learn about how to identity and label feelings, how to decrease suffering by nonjudgmentally accepting and managing emotions, and how to reduce emotional vulnerability and increase positive emotional events. Practice exercises will offer opportunities to understand, describe, and manage emotional states.
Leader: Mark Mason, Ph.D.
Time: Fridays, 10:30am – noon

FAMILY ISSUES GROUP: This group is designed for men and women who want to get some support and feedback about how they deal with issues related to family (family members with substance problems, issues with anger, control, or just difficulty with having a son or daughter in college). The interpersonal focus will help members understand how they relate both inside and outside of their families. A variety of issues will be discussed including, but not limited to, boundaries, healthy communication, self-care, healthy relationships with family at home and friends on campus.
Leader: Brad Wolgast, Ph.D.
Times: Thursdays, 3:30 – 5:00 pm

INTERNATIONAL STUDENT DISCUSSION SERIES: This series is focused on the experience of international students and the unique challenges they face while adapting to living and learning in a new culture. We don’t want you to face those challenges alone! Our drop-in discussion group provides a regular meeting place to connect with other international students, to get input from professionals and peers about effective coping skills that would ease your adjustment, and about strategies to enhance your success while studying in the US. You will also gain practical knowledge about US culture and customs, as well as opportunities to meet Americans.
Leader: Kelly Ozambela, Ph.D.
Time: Fridays, 1:00 – 2:30pm

LAVENDER DINNERS: Join us and other UD students to chat about a wide range of topics related to LGBTQ issues, such as coming out, dating, sexual and gender identities, relationships with family and friends, dealing with bias and discrimination, religion/spirituality, finding acceptance and community, and more. There will be free pizza and soda!
Leaders: Jeremy Cohen, Ph.D. & Mark Mason, Ph.D.
Time: Biweekly dinners, Wednesdays, 4:30-6:00 p.m., start on September 18th.
RELATIONAL MINDFULNESS: Relational Mindfulness Group is focused on enhancing emotional awareness of interpersonal relationships and cultivating the joy of intra- and inter-connectedness. Using mindfulness as a core concept, group members will explore their attachment styles and discuss ways to deepen intimacy. This is an unstructured group but the group may use some activities.

Leader: Soonhee Lee, Ph.D.
Time: Tuesdays, 3:00 - 4:30 pm

SEXUAL ASSAULT RECOVERY GROUP: This group is for female students who have experienced a sexual assault or had an unwanted sexual experience. Members will be able to share their experiences and feelings in a supportive and accepting environment. Goals of the group include helping members express feelings, reduce feelings of guilt and self-blame, develop positive coping strategies, strengthen self-esteem, and make sense of their experiences. Group leaders will facilitate discussions to help members connect and support one another.

Leader: Carolyn Heitzmann, Ph.D.
Time: TBA

TRANSITION TO COLLEGE: Many students feel lonely, confused and homesick when they first come to college. Often, the change to college can feel pretty overwhelming. This group is focused on helping new students make the shift to living at UD and making it a second “home.” In the beginning, we will focus on how to handle the changes in the social world, academics, family and environment. Later we will focus more on support and feedback regarding interpersonal issues, such as learning about how they come across to others.

Leader: Karen Tsukada, Ph.D.
Time: Thursdays, 2 – 3:30 pm

UNDERSTANDING SELF AND OTHERS: GRADUATE: This group is designed to facilitate the personal growth of mature students, including both graduate and nontraditional-aged undergraduate students. In the group, members gain greater interpersonal self-awareness as well as a more effective ability to identify and express their needs to others. Each week, members are invited to bring up the concerns they would like the group to address. These include, but are not limited to, learning how to trust and be intimate with others, coping with the demands of academic life, adjusting to life transitions, addressing unresolved family issues, and coping with depression and/or anxiety.

Leader: Nicole Boyd-Douglas, Psy.D.
Time: Tuesdays, 3:00 - 4:30 pm

UNDERSTANDING SELF AND OTHERS: UNDERGRADUATE: This group is designed for undergraduate men and women who want to get some support and feedback regarding interpersonal issues, such as learning about how they come across to others. This interpersonal focus will help members understand how they relate to people both inside and outside of the group. A variety of issues will be discussed including, but not limited to, depression, anxiety, self-esteem, academic achievement, friendship, dating, families, and isolation.

Leader: Jeremy Cohen, Ph.D.
Time: Wednesdays, 1 – 2:30 pm

UNDERSTANDING SELF AND OTHERS: WOMEN: This group is designed for women who are looking for a group experience to discuss issues such as relationships, managing stress, body image, asking for what you need, and developing a personal identity. This group will offer a safe, confidential place to discuss these issues with other women. Leaders will facilitate discussions to help participants better understand themselves and their relationships.

Leader: Kim Zahm, Ph.D.
Time: Tuesdays, 12:30 – 2 pm
Meet the 2013 - 2014 SSSP Peer Mentors

Stephanie Agyemang

I’m currently a Junior in the Nursing Major. I’m interested in the healthcare field and bringing adequate healthcare services to those in need in third world countries. I became a peer mentor because I was once a “mentee” that greatly benefited from the help of my mentor. I in return would also like to become a beacon of light for incoming freshmen. I’m well aware of the stresses and confusions that come along with the transition into college and I’d love to be of help to those that may need it. One proud fact I always like to state about myself is my heritage. I’m a proud African (Ghanaian to be specific) who has a very deep love for culture and diversity. I’m always ready to learn and embrace new things. By becoming a mentor not only am I helping but I’m also learning!

Junior (2015)
Major: Medical Laboratory Sciences with Biology minor.
Interest: Criminal minds, Movie nights, DIY projects.
I decided to become a Peer mentor to give back to the SSSP community & to develop & improve my leadership abilities. I think it’s important for incoming freshmen to gain some insight & guidance from students with similar experiences.

DaiSamone Bailey

Adriana Bregante

Senior
Major: BS in Cognitive Science & BA in Psychology
Hobbies: Playing volleyball and traveling
Organizations involved in at UD: Latinas Promoviendo Comunidad/ Lambda Pi Chi Sorority Inc. and Zumba Club.

I became a Peer Mentor because I love to help people. My Peer Mentor was great and was always available when I needed her. I hope to be able to make others feel like they have someone to rely on when they need it, as I once did. I hope to further my education in counseling or social work and I believe as a peer mentor I will learn new skills and gain experience that relate to my future goals of counseling.

Breann Luff

Senior
Psychology and Women’s Studies (with minors in Sociology and Human Development and Family Studies)

I became a peer mentor because I really appreciated all of the support I received from being a member of the program and wanted to do everything I could to return the favor and give that same experience back to other students.

My personal interests include reading, writing, and watching movies.

Arianna Morton

I am a senior Medical Laboratory Science Major and a Ronald E McNair Scholar. My goal is to work as a medical laboratory scientist and then to use that background to become a medical doctor. I am an island girl, hailing from the beautiful islands of St. Kitts and Nevis and so my interests are not only academic— in reference to my future goals and science research here at UD, but cultural as well. I just served as the president of the Caribbean Student Alliance and I am very passionate about sharing Caribbean culture and love with the students here at the University of Delaware.

I chose to be a peer mentor because I recognize the value that there is in peer mentorship, especially since I had a rough freshman year and wished that I had that sort of connection to help me. I want to do my best to assist someone else to transition to university life.
Meet the 2013 - 2014 SSSP Peer Mentors continued

I am a finance major going into my junior year. I like to play basketball and exercise. College has given me so many pleasant experiences and has taught me a lot about myself. I wanted to become a peer mentor to share my experiences and my knowledge to better people who will enter college and experience the same challenges that I have had.

Julius Rich

SSSP Advisory Board Council

The SSSP Advisory Board Council are students appointed by SSSP Professional Staff. Committee representation consists of one male and one female per academic class - freshmen, sophomores, juniors, and seniors.

The goals of the SSSP Advisory Board Council are to function as an executive committee and oversee the student operations of the program: fulfilling the SSSP mission and goals; making sure program participant needs are being met; encouraging community involvement, and air marketing SSSP. The SSSP Advisory Board Council also serves as the eyes and ears for creating a healthy and dynamic program that benefits all involved within our community - students, staff, administration and the University Community.

Freshmen Representatives:
Recruitment will be in Fall

Sophomore Representatives:
Elorm Ahiamadjie and Brooklyn Wright

Junior Representatives:
Taneesha Dorn

Senior Representatives:
Harmon Amakobe, Eni Ayeni, Omar Duran and Tyler Sharp
What will we think of next? Who knows what we'll come up with next? If you have ideas, please contact Kgoldie@udel.edu.

The Cultural Enrichment & Alumni Outreach Committee is committed to providing quality programming for all SSSP participants. We expect that all of you will be responsible enough to keep your commitments as well. When you sign up for a trip or event, we expect that you will be there. When you do not show up, without prior notification, you have taken that opportunity from a fellow SSSP student or wasted the funds of the program that supports you. Please be mindful of this, as many of our trips have waitlists. If you let us know ahead of time, we can contact a student on the waitlist to take your place. We can also save money on events such as, the Welcome Back by adjusting the meal count to a lower number.

Just remember to check your schedule to see if you can really attend an event before you sign up/rsvp for it. Students who sign up for events/trips and do not show up (without prior approval/notification), may lose the privilege of attending events/trips in the future.
Summer Research/Summer Scholars

The culmination of a summer’s worth of student scholarship was showcased during the fourth annual University of Delaware Undergraduate Research and Service Celebratory Symposium held Thursday, Aug. 8, in Clayton Hall from 8:30 AM - 4:30 PM. Nearly 300 undergraduate research and service scholars and visiting scholars participated in the capstone event, which included 215 poster presentations and 81 oral presentations.

A total of 18 Student Support Service Program participants participated. Listed below is the SSSP student’s name, academic year in college and major(s).

SSSP Research and Service Summer 2013 Participants:
Oluwatimilehin Adeyemo, Senior, Human Services
Charris Allen, Senior, Exercise Science
Akilah Alleyne, Junior, Human Services
Binta Bah, Senior, Women and Gender Studies
Rossiny Beaucejour, Senior, Mechanical Engineering
Nafissatou Dicko, Criminal Justice
Omar Duran, Senior, Spanish Studies and Art History
Saïsri Gajjala, Senior, Biomedical Engineering
D'Janna Hamilton, Women and Gender Studies
Melany Justice, Junior, Public Policy
Joseph Kerridge, Junior, Chemical Engineering
Maria Kim, Senior, Medical Laboratory Sciences
Arpita Mandal, Senior, English Education
Shyanne Miller, Junior, Wildlife Conservation
Kaitlin Mitchell, Junior, Criminal Justice
Arianna Morton, Senior, Medical Laboratory Sciences
Edna Ofori, Senior, Medical Laboratory Sciences
Stacey Wallace, Junior, Chemical Engineering

Congratulations on completing a summer committed to research. Your dedication to academic excellence was evident in your stellar presentations and posters. The Student Support Services Program is proud and honored to have all of you as SSSP participants.

Abstracts, titles and the complete program are on the Undergraduate Research and Experiential Learning website --www.urel.udel.edu -- under Symposium.

Continued Success in all you do!
SSSP Service - Experiential Learning Course

Check out SSSP Service - Experiential Learning Course (UNIV362-010):
Course Offered Spring 2014

Course Description
This course is designed for SSSP Freshmen and other SSSP invites as a Service – Learning opportunity. Instruction will center on challenges faced by those first in their family to attend college, dealing with financial limitations, and/or experiencing academic challenges. Students will devote time inside and outside the classroom working on group projects. The course will also include service learning component using a community service project to reinforce the value of earning a college degree.

More Info:
- 1 credit course, standard grading
- Course fulfills 1 of 3 credits required for Discovery Learning Experience (D.L.E.)
- Group project will be a semester long process in which you collaborate with classmates & a community organization(s).
- **Course Registration**: If you are interested in the course email cadavis@udel.edu or phone at 302.831.4555. You can also register online when spring 2014 registration begins on Thursday, November 14, 2013. Search for UNIV362-010.
- Time & location are TBA. Student schedules will be reviewed and a suitable day and time will be identified.
- There is no textbook required for this course. Course materials will be provided.
- Enrollment is limited to 10 students.

EXTENDED ARC HOURS

*Just a reminder* . . . .

The Academic Resource Center will be open 8:30 AM - 8:00 PM, Monday through Thursday starting 9-9-13. Fridays, operating hours are 8:30 AM - 4:45 PM. Enjoy your extra study time!
What are some of SSSP 2013 Grads up to after graduation?

Attending Graduate School at . . .

- College of Osteopathic Medicine
- Lehigh University
- Bryn Mawr College
- American University
- Widener University
- Central Connecticut State University
- Jefferson Medical College
- New York Law School
- Drexel Medical College
- University of Delaware

Working as…

- AstraZeneca Child Development Center- Teacher
- Christiana Care- Registered Nurse
- University of Maryland College Park- Admissions Counselors
- Whiting-turner Contracting Company- Project Engineer
Have you heard?? Current SSSP students who make a referral to our program will be rewarded with a $20.00 gift certificate to the University Bookstore.

Do you have a friend or residence hall acquaintance who might be interested in SSSP? Where to refer?

Go to: http://www.sssp.ae.udel.edu/ to download an application, or better yet, bring them over to meet us!
Student Support Services Program

Money Matter$ - Financial Literacy Series

Location: McDowell Hall 104

9/24/13  Loans, Scholarships, Grants...OH MY!
A presentation & discussion by Student
Financial Services

5PM

10/17/13  Money Management Part 1
A session led by Michael Luck, Vice President,
Financial Advisor of RBC Wealth Management
Topics to include: Credit vs. Debit, Goal-setting,
Savings Strategies, Giving Back

5-7PM

11/21/13  Money Management Part 2
Follow up session with Michael Luck
Topics to Include: Tracking Spending, Budgeting

5 PM

Win a Kindle
Fire HD &
accessories!! Your
name will be entered into a raffle
each time you attend a workshop!

**SSSP students only**

To register for a workshop(s) please contact Kelly Ringgold: Kgoldie@udel.edu

**SSSP students only**

Location: McDowell Hall 104
SSSP Financial Literacy Programming 2013

You will get a ticket for each financial literacy workshop that you attend!

Each ticket is a chance for you to win. The more programs you attend, the better chance you have of winning!

Win a Kindle Fire HD Tablet 7”

If you can’t make it to any of the workshops, you can still participate and be eligible for prizes such as gift cards & UD apparel or merchandise! Look out for MONEY MONDAYS...an e-mail will be sent with financially themed questions. Answer correctly & you could be a winner!
Mark your calendar . . . Dates to remember!

September 17th - Welcome Back, Bacchus Rm. in Perkins Student Center @ 4:30 PM

September 24th - Financial Literacy, McDowell, Rm. 104 @ 5:00 PM

September 27th - Del Tech vs. SSSP Basketball game, Time: TBA

October 5th - Trip to Washington, D.C. Sign up soon

October 17th - Budgeting Part I, McDowell, Rm. 104 @ 5:00 PM

November 12th - Talent Show, Gallery Rm., Perkins Student Center @ 6:30 PM

November 21st - Budgeting Part II, McDowell, Rm. 104 @ 5:00 PM

Watch your emails for descriptions and details of each event.
The following SSSP students were recognized at the annual Spring 2013 Celebration held on Wednesday, May 15th in the Bacchus Theater in the Perkins Student Center.

- **Breann Luff for the Community Engagement Award.**
  
  This is a student that is involved on and off campus and holds many leadership roles. She has participated in the Blue Hen Leadership Program. She is currently a Resident Assistant and recently promoted to Mentor Resident Assistant. She has participated in various volunteer projects with the Salvation Army, UD Campus Day of Service and Service Project Advisement Team and not to mention she is an exceptional Student Support Services Peer Mentor. Dedicated, Determined and Driven are words that describe Ms. Breann Luff.

- **Geoffrey Johnson & Nicole Mozee for the Excellence in TRIO Awards.**
  
  Both recipients were recognized with state honors by the Mid-Eastern Association of Educational Opportunity Program Personnel (MEAEOPP).

  Geoffrey, computer engineering major, was selected as the MEAEOPP Trio Achiever of the Year for the state. Quoting the SSS Director, “Geoffrey’s eagerness to learn and his desire to be someone who would make a difference for other people is most impressive”.

  Nicole, a double major in political science with a global studies concentration and foreign languages and literatures with Spanish studies concentration and psychology minor, was selected by MEAEOPP as the state’s Student Achiever of the Year. Additionally, she received a $1,000 scholarship. Ms. Kelly reports that Nicole is an outstanding student and an inspiration to those who know her.

- **Maria Marquez for the Leadership Award.**

  Merriam-Webster dictionary defines leadership as a person who guides or directs a group; the ability to lead; the act or an instance of leading; guidance and/or direction. This year’s recipient embodies leadership qualities now and will definitely serve as a leader in the future. Here are a few leadership roles she has engaged in:

  - President and Community Service Chair with HOLA;
  - Language Partner for English Language Institute (ELI);
  - Community Organizer Intern for Voices without Borders, Inc.;
  - An After School Program Mentor for the Latin American Community Center; and
  - Currently is a Resident Assistant (R.A.) and Delaware International Ambassador

  Clearly she has demonstrated what it takes to be a leader.
• Chau Nguyen for the Special Mentee Engagement Medallion.

Throughout the Fall semester, the Peer Mentor Program held many social and academic events to help nurture and strengthen the mentor-mentee relationship. These events were assembled in order for the members of the program to unite and get to know each other and their assigned Peer Mentors. One student in particular that I can always remember seeing and hearing about was Chau Nguyen. She was a student that always connected with her mentor and always came and participated in the academic and social events!

• Shantel Campbell for the Spirit Award.

Someone once said that a person’s altitude is determined by their attitude. This award recipient will no doubt keep rising in her academic and career pursuits because she stays positive and makes the best out of any situation. Shantel Campbell knows that “Attitude is everything”.

• Stephanie Agyemang for the Student of the Year Award.

Perseverance. Diligence. Focus. These are all qualities that this award recipient has embodied this year. She had an academic goal in mind and knew that she would have to put in a lot of extra time and effort to do so. Well…she did just that and reached her goal. That’s what makes Stephanie Agyemang a “Star Performer”. She made the necessary adjustments and sacrifices to do well academically and accomplish her goals.

"And as we let our own light shine, we unconsciously give other people permission to do the same."
~Nelson Mandela
FALL 2013 WORKSHOP SCHEDULE

The Offices of Academic Enrichment and University Studies provide this series of academic workshops at no cost to University students throughout the academic year. Our one-hour workshops address key avenues to success in college, including study strategies and academic success management.

No pre-registration is necessary; Please call 831-3025 for further information.

STUDY SKILLS (Academic Enrichment)
_all workshops below—3:30-4:30pm
Mitchell Hall Rm. 001_

TIME MANAGEMENT: September 9, 12; October 14, 17
Tools for making your workload manageable, rather than letting it overwhelm you.

NOTE-TAKING: September 16, 19; October 21, 24
Strategies for recording material in ways that prepare you for success on exams.

READING STRATEGIES: September 23, 26; October 28, 31
Making the most of your textbook reading.

TEST TAKING: September 30, October 3; November 4, 7
Maximizing your success on exams.

PREPARING FOR FINALS: November 11, 14
Managing time and focusing study strategies for success.

UNDERSTANDING UD (University Studies)
_all workshops below—3:30-4:30pm
Mitchell Hall Rm. 001_

ACADEMIC MANAGEMENT: October 2, 8, 16, 22
Understanding UD’s policies and how they impact your grades.

ACADEMIC PLANNING FOR “MAJOR” DECISIONS: October 23, 29
Strategies for choosing and declaring a major.

NAVIGATING THE UD CURRICULUM: November 6, 12
Helpful information on the registration process (navigating the online catalog, using other resources).
As always, refer to your weekly emails from the Project Director for details about upcoming events, programs, and pertinent information. You may also call (302) 831-4993 or email sssp-staff@udel.edu if you have additional questions. We would be happy to help!

Visit our website to view all the pictures from our events.
http://sssp.ae.udel.edu/

Student Support Services Program
Office of Academic Enrichment
148-150 South College Avenue
Newark, DE 19716